LGBTQIA Focus at LBCC

QPR

Suicide Prevention Training

Ask a Question. Save a Life.

Question. Persuade. Refer. Three life-saving skills you can learn to help prevent suicide in adults and youth.

Suicide is the second leading cause of death among youth ages 10 to 24, with LGBTQIA youth at a significantly increased risk. LGBTQIA youth are more than four times as likely to attempt suicide than their peers (The Trevor Project, 2024).

In this training, you will gain skills to:

- Understand the myths and facts about suicide
- Recognize suicide clues and warning signs in adults and youth
- Ask someone if they are thinking about suicide
- Persuade someone to stay alive and safe during a crisis
- Refer someone to professional and community resources

Thursday, January 28, 2026
12:00 - 1:30 QPR Class in LBCC Mt. Vineyard Room (CC213)
1:30 - 2:30 (Optional) Creativity Break - Visit the Outside of June exhibit at South Santiam Hall Gallery and receive a complimentary journal

This training is open to:

- All students & faculty
- LGBTQ+ community members
- Allies, parents and families
- Educators, service providers and community members

Sponsored by the LBCC Gender and Sexuality Alliance and Linn County Health Services at no cost to you.

Registration is required. For more information or to register: linntogether.org/training/QPR

For accommodations requests, contact Accessibility Resources at 541-917-4789 or accessibility@linnbenton.edu at least three business days in advance. LBCC does not discriminate based on any protected status in its programs or activities.