QPR

Ask a Question. Save a Life.

QUESTION
PERSUADE
REFER

Suicide Prevention Training

Question. Persuade. Refer. Three life-saving skills you can learn to help prevent suicide in adults and youth.

You will gain skills to:

- Understand the myths and facts about suicide
- Recognize suicide clues and warning signs in adults and youth
- Ask someone if they are thinking about suicide
- Persuade someone to stay alive and safe during a crisis
- Refer someone to professional and community resources

December 15 (Tuesday) 6:00 - 7:30 pm
Armory Building, 104 SW 4th Ave, Albany, OR

Who should attend:
Community members • Employers • Parents • Educators
Caregivers • Coaches • Faith leaders • Family members

Sponsored by Linn County Health Servicesn at no cost to you.

Registration is required. For more information or to register: linntogether.org/training/QPR