



# STAND YOUTH COUNCIL



## 10 FUN WAYS TO STAY ACTIVE & BEAT WINTER BOREDOM



Join a Turkey Trot!



Go snowboarding or skiing



Play a pick-up game of basketball



Go hiking



Try a new recipe



Help decorate for the holidays



Take a drive to look at holiday lights



Shopping



Go caroling



Play mini golf, rock climb  
go to the gym or to  
a trampoline park!

