

QPR

QUESTION.
PERSUADE.
REFER.

Ask a Question. Save a Life.

Suicide Prevention Training for Adults

Question. Persuade. Refer. Three steps anyone can learn to help prevent suicide. Make a positive difference in the life of someone you know.

You will learn:

- Myths and facts about suicide
- Suicide clues and warning signs
- How to ask someone if they are thinking about suicide
- How to persuade someone to stay alive
- How to refer someone for additional support

DECEMBER 10, 2025 | 2:30 - 4:00 PM

ARMORY BUILDING | 104 SW 4TH AVE, ALBANY, OR

Who should attend:

Community members • Employers • Parents • Educators
Professional caregivers • Coaches • Faith leaders

Sponsored by Linn County Health Services

Registration is required.

For more information or to register:

linntogether.org/community-training.