

QPR

QUESTION.
PERSUADE.
REFER.

Ask a Question. Save a Life.

Suicide Prevention Training for Adults

Question. Persuade. Refer. Three steps anyone can learn to help prevent suicide. Make a positive difference in the life of someone you know.

You will learn:

- Myths and facts about suicide
- Suicide clues and warning signs
- How to ask someone if they are thinking about suicide
- How to persuade someone to stay alive
- How to refer someone for additional support

SEPTEMBER 30, 2025 | 6:00 - 7:30 PM
COLONIA PAZ
500 WELDWOOD DR, LEBANON, OR

Who should attend:

Community members • Employers • Parents • Educators
Professional caregivers • Coaches • Faith leaders

**Sponsored by Colonia Paz and
Linn County Health Services**

Registration is required.

For more information or to register:

linntogether.org/community-training.