

QPR

QUESTION.
PERSUADE.
REFER.

Ask a Question. Save a Life.

Suicide Prevention Training for Adults

Question. Persuade. Refer. Three steps anyone can learn to help prevent suicide. Make a positive difference in the life of someone you know.

You will learn:

- Myths and facts about suicide
- Suicide clues and warning signs
- How to ask someone if they are thinking about suicide
- How to persuade someone to stay alive
- How to refer someone for additional support

SEPTEMBER 24, 2025 | 2:00 - 3:30 PM
MENNONITE VILLAGE | LAKESIDE CENTER
2180 54TH AVE SE, ALBANY, OR 97322

Who should attend:

Older Adults • Friends and Family Members of Older Adults • Caregivers
• Health Care Providers • Senior Housing and Assisted Living Staff

Registration is required.

To register contact the Mennonite Village Wellness Center

Phone: 541-704-4296

Email: fitnessc@mennonitevillage.org

Sponsored by Mennonite Village & Linn County Health Services