

# VAPING LINGO DICTIONARY

An estimated 1.63 million middle and high school students currently use e-cigarettes, with 38.4% reporting frequent use. New brands and product types continue to appear on the market at an extremely fast rate, and keeping up with the latest trends and lingo can be difficult. This resource provides a list of popular products, as well as terms and phrases that young people may use to describe nicotine use.

## DISPOSABLES

Disposable e-cigarettes are single-use products that are not refillable, but many are rechargeable. They are the most commonly used device type among current users, and many feature sweet, youth-appealing fruit or candy flavors as well as mint and menthol flavors. **In recent years, disposable e-cigarettes have become bigger, stronger, and cheaper**, raising concerns about youth uptake and nicotine addiction. Popular disposable brands include Breeze Pro, Hyde, Puff Bar, EB Design (formerly Elf Bar) and Kangvape, and offer between 1,500 to 8,000 puffs per device.



## CLOSED POD DEVICES

Closed pod devices use disposable, pre-filled pods containing nicotine e-liquid that are inserted into a rechargeable body. Pods come in a range of flavors and nicotine strengths, allowing users to customize their experience. JUUL and Vuse are the most commonly used closed pod device brands, followed by NJOY, Blu, and Glas.

## REFILLABLE DEVICES

These systems require nicotine e-liquid, also called vape juice (often purchased separately) and come in three varieties: box mods, pens, and refillable pods. These devices have tanks or pods that can be refilled with e-liquid and the pods/tanks are not thrown away after one use. These systems are used more by "hobbyist" users because they require more upkeep and are typically modified to produce a heavier cloud to perform tricks.



**Battery, Batt** The part that provides power to the heating element to warm the e-liquid and produce vapor

**Blanks** Empty cartridges a user can fill with the e-juice of their choice

**Cartridge, Cart** A refillable vape juice container

**Charger** Used to recharge the e-cig battery once it has been depleted

**Clone** A knock-off of an original device that is typically less expensive

**Clouds** What vapers call the vape mist that's produced during vaping

**Dab pen** A Dab pen is used primarily for consuming THC concentrates and using the device is typically also referred to as "vaping." These devices look and work much like other e-cigarettes.

**Dank Vapes** The "most prominent in a class of largely counterfeit brands, with common packaging that is easily available online and used by distributors to market THC-containing cartridges," according to a Centers for Disease Control and Prevention report on e-cigarette or vaping product use-associated lung injury. (see: EVALI)

**EVALI** E-cigarette or vaping product use-associated lung injury. The CDC created the term in response to a multi-state outbreak of severe lung illnesses linked with using e-cigarette and vaping products. These cases were first identified in August 2019 and by November 5, 2019, there were more than 2000 cases in 49 states, D.C. and the U.S. Virgin Islands and 39 deaths.

**Fiend, Fiending** Someone who is always trying to find nicotine (they may or may not think they're addicted)

**Ghost** A vape trick where a user will pull as much as they can and not exhale to show toughness

**Hit, Dab, Rip, Ripski, Draw, Tax, JUUL, Drag** Refers to a single "puff" from a vape device

**Greening** Act of throwing up after hitting THC

**JUULius Caesar, JUULia, JUULiet, JUULian, JUULio, JUJU, JUU etc.** Nicknames for JUUL

**Milligrams (mg)** The measure for the amount of nicotine found in vape juice

**Milliliters (ml)** The measure for the amount of liquid in a pod/cartridge

**Mint Gang, Mango Gang** A group that vapers can identify with if they are mint or mango vape juice users

**Mod** A third generation e-cigarette that does not resemble combustible cigarettes. These devices often allow users to customize the batteries, tanks and coils within the device to modify the temperature, voltage and resistance to create different clouds.

**Nic** Nicotine

**Nic Sticc, Wop Machine, Wop** Nicknames for vape devices

**Nick Sick** Refers to non-specific symptoms of exposure to nicotine, especially if it is above someone's tolerance

**Pod** A non-reusable pre-filled container of vape juice that snaps/slides into a device

**Rip it** Refers to vaping as much as a user can tolerate

**Skin** A sticker that the user can wrap their device in to personalize it

**Starter Kit** A kit that includes basic e-cigarette equipment designed for newcomers to vaping. Most starter kits come with one or more atomizers, one or more batteries, a charger and five cartridges sometimes pre-filled with juice.

**Tank** The top portion of a box mod or refillable pen that holds the e-liquid

**Throat Hit/Kick** The tingling feeling in the back of the throat when vaporizing e-liquid that contains nicotine

**Vape Juice/E-Juice** Vape juice is used in open/refillable systems and comes in a variety of flavors. Vape juice typically contains nicotine and is made of vegetable glycerin or propylene glycol, water and flavorings. There are more than 7,000 e-juice flavors on the market including menthol, fruit, dessert, coffee, alcoholic beverage and cigar flavors.

**Vape Nation** A collective group of vapers who pride themselves on vape tricks and identify with vape culture

**Vapors Tongue** Taste buds that have become desensitized

**Vit E** Vitamin E Acetate, which has been linked to illness related to vaping THC

**Zero, Stealth Mode** When a user does not release the e-cigarette vapor after taking a puff in an attempt to hide their use

**ZYN** A nicotine pouch brand that comes in several flavors and nicotine strengths. Nicotine pouches are a type of smokeless product placed between the lip and gum, allowing nicotine to be absorbed through the mouth. The pouches are sometimes referred to as a "lip pillow" or "upper decky."