Mental Health and Crisis Resources

Linn County Crisis Services
24 hours a day / 7 days per week
Crisis screening, telephone triage
Crisis Line: 541-967-3866 or 800-304-7468

Linn County Mental Health
Monday – Friday 8:30 am – 5:00 pm
541-967-3866 (Albany)
541-451-5932 (Lebanon)
541-367-3888 (Sweet Home)
TTY/TTD: 1-800-735-2900

Linn County Alcohol and Drug
Monday – Friday 8:30 am – 5:00 pm
541-967-3819 (Albany)
541-451-5932 (Lebanon)

National Suicide Prevention Lifeline
24 hours a day / English and Spanish
Suicide & Crisis Lifeline: 988
Lifeline Chat:
https://suicidepreventionlifeline.org/chat/

National Crisis Text Line
Text: OREGON to 741741

Veterans Crisis Line
800-273-8255 and press 1
Text: 838255
Online chat:
https://www.veteranscrisisline.net/get-help/chat

David Romprey Oregon Warm Line
800-698-2392
(9:00am-11:00pm Daily)
Description – Peer operated, the warmline provides people the opportunity to connect with other individuals (peers) who have had similar shared life experiences.

Military Helpline
888-457-4838
Text: MIL1 to 839863 (8:00pm – 6:00 pm PT)
Description: Support for service members, veterans, and their families.

Senior Loneliness Line
503-200-1633
Description: We support seniors in our community who are feeling lonely and having difficulty connecting.

YouthLine
877-968-8491
Text: teen2teen to 839863
Chat: www.oregonyouthline.org
Description: A teen-to-teen crisis and help line. Contact us with anything that may be bothering you; no problem is too big or too small! Teens available to help daily from 4:00pm-10:00pm (off-hour calls answered by Lines for Life).

NAMI (National Alliance on Mental Illness) Mid-Valley
541-745-2064 (not a crisis line)
www.namimidvalley.org

Institute on Aging: Senior Friendship Line
800-971-0016
Description: 24-hour toll-free hotline for people aged 60+ and adults living with disabilities. The Friendship Line is both a crisis intervention hotline and a warmline.

Trevor Project (LGBTQ+)
866-488-7386
Text: START to 678-678